

RCMP, Mariachi In Latin Festival Parade

Despite the rain, members of the Macau Cultural Association were again warmly welcomed at this year's Latin Festival. In a four car convoy, our members joined RCMP Mounties, Mariachi bands and others in the parade on Commercial Drive on Sunday, August 22.

The morning was a typical cloudy Vancouver day that endangered the holding of the parade. But it went ahead with the indomitable spirit of our members and friends that showed up, decked out with flags, balloons and flowers and marched, honked, waved and shouted our presence in the parade.

Victor Medeiros of Malibu Collision supplied a custom-made bright yellow dune buggy and a restored vintage blue stripped Cobra. They led our noisy prance down Commercial Drive blaring their custom-made



fog and musical horns. **Rita Dunn**, who drove a 2005 Volvo, courtesy car from Don Dockstader Motors, also joined our parade with local personality, **Faye Leung**, sitting in the passenger side with her signature hat.

Continued on page 3

Casas Meet With Macau's Dr. Rodrigues In Vancouver



Above:
Our Executive with Dr. Rodrigues and family

Left:
Dr. Rodrigues being interviewed by Alvario Mendes of Radio Português

The Deputy of the Legislative Assembly of RAEM and President of APIM and the Organization Committee for Encontro 2004, Dr Jose' Manuel Rodrigues, was in Vancouver last month and our executives extended the courtesy of this Association to Dr. Rodrigues and his family with a dinner at A Taste of Portugal after arranging with Fred Collaço to board his sailboat, the "White Swan", for a tour of downtown Vancouver, False Creek and Granville Island Market. Dr. Rodrigues and family also spent time in our capital city Victoria.

While enjoying what our city can offer to his family for fun and relaxation, he also found it to be a propitious occasion to invite the Casas de Macau of Toronto and S. Francisco to join us in Vancouver for a reunion. It was arranged on short notice and thanks to the efforts and cooperation of the executives of the respective Casas, we met on Saturday August 21 in the Executive Airport Plaza in Richmond.

Continued on page 2

Dr. Rodrigues continued from page 1

Arriving in Vancouver were Jerry Noronha of Casa Macau Toronto, Nuno Prata Cruz of Club Lusitano of California, Arthur Brito of Casa de Macau USA and José Cordeiro of Macau Club Toronto. They flew in and joined Dr. Rodrigues and the Executives of Macau Cultural Association. Robbie Costa of UMA of San Francisco could not attend due to travel and personal commitments.

Conselho das Comunidades Macaenses

CCM took center stage and occupied all of the morning discussion. An "off the press" revised (3rd) revision was tabled incorporating some of the changes from the feedbacks received, and a legal firm in Macau was given the task of drawing the final version. There were candid exchanges over the deficiencies of the bylaws. Clearly there are differences between the organizations outside and inside Macau about CCM. The most animated discussions were made about:

- the excessive influence and control of CCM by APIM
- the question of proliferations of Casas
- the effectiveness of CCM if the members do not feel to be part of its affairs and directions
- why some organizations are included & not others

- other than money matters no other clear objectives were discerned and
- whether the CCM as constituted will work

It was underlined that if the foundation were not arranged properly then present problems in the "Diaspora Macaense" will amplify over time.

There are worries that the resources of the many will be concentrated with the few and the Diaspora objectives will be patronised and constricted in their democratic processes practiced in the Casas. Dr. Rodrigues agreed to receive by September 10 any additional submissions and commentaries on the bylaws.

Encontro 2004

The programme for Encontro 2004 was reviewed and the question of subsidy was raised. The final amount and form will be made in September. It was felt that Encontro 2004 would be well attended as confidence in RAEM is growing among the members of Casas de Macau.

RAEM anniversary

The 5th anniversary of the change over from Portuguese to Chinese administration will be marked positively in Macau and Dr. Rodrigues encouraged all the Casas to do the same.

Celebrating the occasion Patrick Wong, our friend and Member of Legislative Assembly of British Columbia, paid us a visit and presented a commemorative certificate to Dr. Rodrigues on behalf of the Province. He also presented a second one for Dr. Rodrigues to take back to Edmundo Ho, Chief Executive of RAEM.

Hopefully this will begin the establishment of relations between Macau and British Columbia, not only in terms of social and cultural exchanges but also in terms of economic and tourism developments. Macau Cultural Association can be the pivot point between the two regions.

We also took the opportunity of getting together with our counterparts from Toronto and San Francisco with a welcome Chinese dinner on Friday and another Portuguese farewell dinner on Saturday. The multiculturalism of Vancouver served us well. The local Portuguese press covered us. Radio Português taped a segment that aired the next day and the newspaper A Voz Luzitania came for interview and pictures for their next edition. Dr. Rodrigues left Vancouver for Macau via Seattle the next day, and we sincerely hope that his visit here was a pleasant and fruitful one, and that he takes with him an appreciation of the vivacity of the members of our community living the "Diaspora Macaense".

Carlos Cordeiro

IMPORTANT NOTICE**Monthly Meeting Venue Change**

We have been advised that the meeting room at Metropolis Centre, where we normally hold our meetings, will undergo renovations during the months of November and December. Our monthly meeting venue will be changed to:

**Meeting Room, Ground Floor, Centre Pointe,
8811 Landsdowne Rd., Richmond, B.C.**
(Corner of Garden City and Landsdowne)

**November 14, 2 p.m. – Election Day
December 19, 2 p.m. – Children's X'mas party**

Our Olympian story in the August newsletter got published in a Portuguese newspaper in Macau. Newspapers and radio have regularly been highlighting our newsletter coverage in the past year.

Jovens macaenses brilham na natação em Vancouver

Para alegria da comunidade macaense radicada em Vancouver, Canadá, os irmãos Juliano e Marília Cordeiro deram nas vistas num "meeting" regional de Natação. O jovem nadador conquistou o ouro nos 100 metros costas, a prata nos 200 metros mariposa, 100 metros estilos e na estafeta de 200 metros por equipas, além do bronze nos 50 metros livres. Por sua vez, Marília Cordeiro conquistou a prata na estafeta de 200 metros por equipas. Os dois nadadores qualificaram-se para a fase distrital.

Macau newspaper reporting our Olympian story in August newsletter

Para os Executivos da Macau Cultural Association

Parabéns à vossa organização pelo trabalho desenvolvido nessa última fim-de-semana (reunião das Casas com Dr. Rodrigues do APIM). Posso dizer que foi um "pequeno ensaio" para os clubes ou associações da diáspora se pensarem um dia fazer reuniões fora da RAEM.

José Cordeiro, Macau Club of Toronto

Two Guests Addressed Our August Meeting



Chris Gresat of CIBC Wood Gundy and a regular contributor to our Bulletin, presented investments and money management opportunities. You can read his column on page 7.



Travel Agent, **Samuel Lau**, briefed MCA members on air travel alternatives to Encontro 2004 in November.

Mensagem Para Dr Edmundo Ho Hau Wah

Mensagem para Sua Excelência o Chefe do Executivo da RAEM, Dr. Edmundo Ho Hau Wah junto do jantar de homenagem oferecido em Agosto 2004 pela comunidade macaense."

Tenho muito satisfação de comunicar ao Chefe do Executivo Dr. Edmundo Ho Hau Wah o nosso imenso prazer e orgulho de notar que Macau sob a sua administração é continuação de uma situação dinâmica e próspera. Todos os desenvolvimentos positivos em Macau foram resultados das políticas implementadas com visão para futuro, que Macau é um lugar singular e histórico.

Estamos contentes que os trabalhos implementados durante os últimos cinco anos incluíram os interesses macaenses e que macaenses continuam a ser parte do grande plano de desenvolvimento económica de Macau. É uma maravilhosa expressão destacando os valores que a comunidade macaense contribui e pode contribuir para a economia e o futuro de Macau.

Sempre temos conhecimento da nossa cultura que foi desenvolvida num clima misto nesta área geográfica reflectindo a história mundial onde as culturas europeias e orientais agregaram. Estamos determinados em continuar com as nossas tradições e cultura, não só representadas pelas organizações locais mas também pelas Casas de Macau espalhadas no mundo.

Stay healthy, add milk to your tea

Scientists have found that tea with milk is a safer drink than black tea. People who drink tea without milk have relatively high levels of oxalates, waste products that have to be passed out of the body in urine, a study at Lincoln University near Christchurch found. In a small number of people the oxalates accumulate to form kidney stones.

Quero manifestar o meu agradecimento ao Chefe do Executivo Dr. Edmundo Ho Hau Wah por tudo que foi feito para o bem estar da população de Macau e especialmente para as comunidades macaense no mundo. E também venho desejar um próspero futuro para Macau e para a continuação de trabalhos bem feitos na R. A. E. de Macau pela presente administração.

*Carlos Cordeiro, Presidente
Associação Cultural de Macau (A Casa de Macau em Vancouver)*

Latin Festival Continued from page 1

We were also joined by the Confraternidade Italiana which mingled with our group and supplied a new 2005 Mazda vehicle, and with some of our members volunteering to carry their society's banner.

It rained heavily the previous night, cancelling the attendance of some participants, amongst them two open cover vehicles and the popular six-member dancing troupe in their Brazilian "carnaval" costumes that were to have been integrated with our Association members in the parade. There were concerns that their exquisite costumes and plumages could be damaged by the weather.

Terry Costa of the Portuguese newspaper, Lusitânia, came to cover us in the parade and asked us to pose for pictures. The adventurous spirit of our members held together. Their optimism never gave up when the rain clouds dampened the mood and threatened to derail the festivities. Everyone contributed to a very fun day on one of those unseasonable Vancouver summer days.



Festival
Latino





a great time



despite the rain...



Macau Cultural Association (Casa de Macau) of Western Canada

Nomination and Election (N and E) Guidelines and Procedures – Election **November 2004**
Introduction This circular sets out the procedures, which will apply for the forthcoming elections to be held on **November 21, 2004**.

Appointment N & E Committee is appointed by the sitting President to supervise the conduct of the election.

Start Nomination forms will be made available at the monthly meeting of **September 19, 2004**.

Nomination Forms A member (candidate) must be proposed and seconded by two members in good standing. A member may run for only one Council position and, if someone submit to run for more than one Council position, then ALL the candidate nomination forms will be declared null and void, 1. The candidate expressing willingness to serve on the Council (i.e., President, Vice President, Secretary and Treasurer) complete Part A of the form. The member who wishes to propose the nomination completes part B. Part C is completed by the member who seconds the nomination. 2. The nomination form, duly completed and signed should be enclosed in a sealed envelope, addressed and handed in person to the Chairperson of the N&E Committee or mailed to:

a. The Chairperson, N & E Committee Macau Cultural Association, P.O. Box 97197 Richmond, B.C. Canada V6Y 4H4 3. Nomination forms in a sealed envelope may also be handed over to any sitting Executive Council member. However, these nomination forms must be submitted in good time to ensure that Executive Council members are able to pass them over to the Chairman, N and E Committee. The Executive Council members will not be held responsible if the form misses the nomination closing date. 4. It is the responsibility of the candidate to ensure the forms are duly completed, and reach the Chairperson of N&E Committee before 5 p.m. of the closing date. For mail-in nomination forms reaching the above mailing address after business hour of the closing date will not be eligible.

NOMINATION CLOSING DATE:

(a) Completed nomination forms must reach the N&E Committee by **October 15, 2004**.

Opening of nomination forms

(a) At the monthly meeting in October, the Chairman of the N and E Committee will open all the sealed envelopes in the presence of members and then announce the names of the candidates.

(b) At this meeting candidates nominated may have the opportunity, if they so wish to say a few words (limited to three minutes) about their platform and aspirations to run for office.

Elections

(a) The elections will take place at the Annual General Meeting of November under the supervision of members of the N and E Committee.

(b) Members of the N and E Committee will distribute voting ballots.

(c) Voting then takes place and members of the N and E Committee will count up the votes and then announce the results of the elections.

(d) The N and E Committee will stand down three weeks after the Elections take place unless a challenge to the election results has been lodged. In such an event, the N and E Committee will stand down only after the election results have been officially verified and confirmed.

ELIGIBILITY TO VOTE ON ELECTION DAY

Only members who are in good standing according to the By-Laws of the Association are eligible to vote.

ELIGIBILITY FOR ELECTION AS COUNCIL MEMBER

In order to stand for election as a Executive Council member the candidate must have:

(a) been a member of the Association since January 1 of current year, and

(b) is a member in good standing, and

(c) not a member of N & E Committee, and

(d) if elected, pledge to serve in the Executive Council for the full term of office, and

(e) not a member of another association whose objectives are similar to those of the Macau Cultural Association.

This is in compliance with our by-laws and is intended to avoid any possible conflict of interest in the execution of the duties and responsibilities of that office.

Executive Council Macau Cultural Association

Melania Cannon's Chronicle of Macau

A Reed In A Tempest

Part III Excerpt 5 The First Opium War

The festive air of early September did not last, however. Charles Elliot and his fellow opium merchants were angry at the outcome of their dealings with Commissioner Lin and were searching for the opportunity to retaliate. British warships began provoking the Chinese navy, which responded in kind. The conflict was enflamed when a Chinese naval ship mistook a Spanish merchant ship for a British opium smuggler and attacked it, burning it by the Cross Gate. Elliot began pressing the Portuguese to allow British merchants back into Macau, but Pinto refused and in fact sent an armed ship to the Cross Gate to keep opium smugglers from anchoring at Taipa Island.

In an attempt to cool the conflict, Pinto offered his good offices to both sides, and the Acting Vice Prefect of Coastal Defense, Jiang Liang, met with Elliot in Macau at the end of September, 1839. The only concession that the Chinese official would make was to allow two British merchants back into Macau to tie up the loose ends of their business. Elliot was livid and swore that the British merchants would not return to trade with China until they had more freedom and the opium laws were revoked. Nonetheless, some British merchants ignored Elliot's decision and they signed a pledge not to smuggle opium. The pledge stated that "if they should ever smuggle opium again, they were 'to be executed at once and their goods to be confiscated.'" This allowed them immediate readmittance to Guangdong for trade.

(Excerpt from research materials of Melania Cannon of Vancouver, B.C. Canada. Her research testifies to our unique, colourful and rich history. Excerpts of her body of work were published in prior publications and other excerpts are scheduled for future issues. Editor)

The result of this independent action on the part of some British merchants was to undermine Elliot's authority and force him back to the bargaining table. Unfortunately, Elliot and the Prefect of Guangzhou, Yu Baochun, were unable to reach a compromise during their negotiations in Macau. Talks broke down again, and from October 1839 to June 1840 a series of skirmishes and disagreements led to war.

The Portuguese sold arms, including cannon, to the Chinese navy, as the latter was concerned that war could break out anytime. The Chinese also used the fortresses in Macau as models for their own defenses, built or fortified around the mouth of the Pearl River. Commissioner Lin used the Chinese officials and pilots in Macau to establish a spy network, which monitored the activities of British warships in the area. At the same time that the Portuguese and Chinese in Macau were assisting the Chinese navy and army in their war preparations, the Chinese military was bolstering Macau's defenses. The Intendant of Gaolian Circuit, Guangdong Province, Yi Zhongfu, was sent by Lin into Macau to "control the situation there." All ships in Macau were examined by the Intendant and his fellow officials to prevent British ships from entering disguised as Portuguese vessels; the officials were also charged with arresting Portuguese who assisted the British.

High-Yield Equity Investment Alternative

In today's low interest rate environment, traditional fixed income investors may be inclined to seek alternative instruments providing potentially higher returns. An excellent alternative that should be given serious consideration is high-yield equities. We define this group as Canadian blue chip common stocks that offer investors both tax-efficient cash dividends, and excellent potential for long-term capital appreciation. Realizing capital gains may, over time, provide investors with some of their income needs, while still maintaining initial portfolio values. High-yield equities include the common stocks of banks, utilities, and pipeline companies.

These are large, well-capitalized corporations with a history of regular annual dividend payments. In some cases, dividend payouts have been increased on a year-over-year basis, reflecting long-term earnings growth and financial stability. Individual and corporate investors also benefit from the more favourable tax treatment given to Canadian dividends over interest income. This allows investors to retain more of their income after tax. An additional benefit of high-yield equities is that they are generally considered a safe haven in times of market turbulence.



The regular dividend payments provide a solid valuation base, which serves as a shock absorber in volatile conditions. For those investors who currently view the equity markets with some uncertainty, in light of the new highs reached by both the Canadian and US stock indices, owning high-yield blue chip common stocks can provide an element of comfort not available from more volatile momentum stocks. The information contained herein is considered accurate at the time of printing. CIBC and CIBC World Markets Inc. reserve the right to change any of it without prior notice. It is for general information purposes only. Clients are advised to seek advice regarding their particular circumstances from their personal tax advisor.

Chris Gresat is an Investment Advisor for CIBC Wood Gundy, he can be reached at 604.331.5132 or e-mail him at chris.gresat@cibc.ca.

Chris Gresat is an Investment Advisor with CIBC Wood Gundy in Vancouver. He and his clients may own securities mentioned in this column. The views of Chris Gresat do not necessarily reflect those of CIBC World Markets Inc. This article is for the information of investors only and does not constitute an offer to sell or a solicitation to buy the securities referred to herein.

Caro Amigo Carlos Cordeiro,

A dois meses e tal do nosso grande Encontro, desejo-te e a todos os Amigos da Macau Cultural Association os maiores sucessos nos preparativos para a viagem e para uma excelente participação nas actividades.

Regressei de Lisboa há poucos dias, depois de ter passado dois meses em Portugal e só agora li o Boletim Macaense de Julho e Agosto. Parabéns pelas vossas iniciativas e pela tua participação no programa de rádio com o nosso amigo comum Pedro Coelho. Agradeço que lhe transmitas os meus cumprimentos, votos de felicidades e parabéns pelo seu 89º aniversário.

Saudações e um grande abraço do

Jorge A.H. Rangel

Okra, Soy, Eggplant Show Benefits

A vegetarian diet high in soluble fibre and low in saturated fats can lower bad cholesterol as effectively as some commonly prescribed drugs, a new study found, suggesting medication-free cholesterol control may be viable for some people.

Researchers from the University of Toronto showed that a diet heavy in okra, eggplant, soy proteins, oatmeal and almonds resulted in a 28.6 per cent reduction in LDL cholesterol levels after just one month. Participants on a low-fat diet and a common cholesterol-lowering drug, lovastatin, showed a 30.9 per-cent reduction in LDL cholesterol in the same period - statistical results that are virtually the same.

The study is a new effort from a team led by Dr. David Jenkins - who earlier brought the world the Garden of Eden diet - to devise a regime that lowers cholesterol, appeals to modern taste buds and suits a busy lifestyle. Jenkins directs the clinical nutrition and risk modification centre at St. Michael's Hospital. Funding came from the Canadian Natural Sciences and Engineering Research Council of Canada, Loblaw Brands Ltd., the Almond Board of California and Unilever Canada.

The findings, on a test of 46 people, with 16 using the new Jenkins diet, appeared in a recent issue of the Journal of the American Medical Association.



'Guess Where'... "Mark" - Please Call Again!

Mark, or someone close to that name, left a message with the correct answer, but no phone number for me to return the call.

Will "Mark" please call me again. I like to reward you with the special Macau Cultural prize.

Jackie Pereira. 604-277-4713.



3200 St. John Street
Port Moody, BC
V3H 2C9
Tel: 604-461-3258
Fax: 604-461-4149

DON SPARVIER

Specialize in: Domestic • Imports • Fleet • RVs, etc.
Custom Exhaust • Wheel Alignment • Struts • CV Joints
Shocks • Suspension • Steering
Open 8:00 AM MONDAY TO SATURDAY
ALL WORK GUARANTEED

VISION INTERNATIONAL RESOURCES INC.

Louis Beauregard
President

Armor Deck Vinyl Solutions
Aluminum & Glass Railings Retractable Screens

Tel: (604) 437-6096 Fax: (604) 437-6095

SPARKLE CLEAR RESOURCES (1992) INC.

5035 Maitland Street
Burnaby, B.C., Canada V5H 1N6
Phone/Fax: (604) 433-1548
Email: sparkleclear@shaw.ca
Website: www.sparkleclear.com

MARTHA PULAY
President

FORENSIC ACCOUNTING BOOKKEEPING
ALL TAXES • PARALEGAL • EI CLAIMS • WCB CLAIMS
• ACCPAC SIMPLY ACCOUNTING CONSULTANT • BUSINESS
CONSULTING • WATER PURIFIERS • LANDSCAPE CONSULTING

Macau Cultural Association is a non-profit organization for the advancement of Macau and Macanese culture, heritage and interest.

Based in Vancouver, Canada, it forms part of the network of Casas de Macau throughout the world. Other sister organizations are located in Lisbon, Toronto, Rio de Janeiro, São Paulo, San Francisco, Hong Kong and Sidney.

Executive Committee

President Carlos Cordeiro (604-274-6834)

Vice President Sérgio Rui de Pina (604-303-7557)

Secretary Josefina do Rosário (604-303-7557)

Treasurer Ronald Gill (604-275-5928)

Boletim Macaense Editor:

Jackie Pereira

Tel: (604) 277-4713

** Please note that while all articles submitted to the Editor reflect the opinions of the authors, they are not necessarily the views of this publication.*

Website: <http://www.casademacau.net/MCA>

A CASA DE MACAU EM VANCOUVER